

**RAISE THE  
FLAG**

**Could it be  
Sepsis?**



**Sepsis  
Trust NZ**

***I've been  
feeling sleepy.***

***I feel like I'm  
going to die.***

***My skin is blotchy.***

***I haven't been to  
the toilet in a while.***

***I can't stop shivering.***

***It's hard to breathe.***

If you've noticed these symptoms raise your voice and raise the flag – it could be a serious infection.

**Call 111, tell them what's happening and ask "Could it be Sepsis?"**