

YOU have an infection

Watch for signs of SEPSIS

You've been told you have an infection and are receiving the correct treatment for this.

It's important to know that ANY infection can lead to SEPSIS, which is ALWAYS a medical emergency.

What is SEPSIS?

A life-threatening uncontrolled immune response to an infection, causing the body to damage its own tissues and organs.

FOR CLINICIAN USE ONLY:

Date: / / NHI: _____

Diagnosis: _____

Notes: _____

Doctor: _____



Scan to access a clinical best practice guide for critical reminders when collecting blood cultures.



www.sepsis.org.nz



Know the Signs of SEPSIS

Unmask SEPSIS - Save a Life

Signs in ADULTS



**FEVER or
SHIVERING**



**CONFUSION,
SLURRED SPEECH or
DISORIENTATION**



**RAPID BREATHING
or HEART RATE**



MUSCLE PAIN



NOT PASSING URINE



DISCOLOURED SKIN

If you start to develop ANY of the signs of SEPSIS (EVEN WITHOUT A FEVER), seek urgent medical help immediately: call 111 or your local/rural telehealth provider, or go to your nearest Emergency Department.

Please hand them this card and ASK:

"Could it be SEPSIS?"